



KINDERGARTEN READINESS

Kindergarten Readiness Checklist & Practice Pack

NOTICE • PRACTICE • GROW

Ages 4-6

Simple Skills • Gentle Practice • Big Growth



Grown-Up Guide

A simple way to notice, practice, and grow.

HOW TO USE THIS PACK

- Start with the readiness snapshot or choose any activity that feels useful.
- Keep practice short and relaxed.
- A grown-up can read directions aloud, name pictures, or offer help when needed.
- There is no need to finish every page.
- Repeat favorite activities or return to a skill another day.
- Praise effort, curiosity, and trying.

SAFETY FIRST

Adult supervision is recommended.

Choose writing tools and learning materials that are appropriate for the individual child.

Small loose objects may be choking hazards and should not be used with children who mouth objects or with children under age 3.

If you add scissors, laminating materials, dry-erase tools, counters, or other supplies, supervise closely and use child-appropriate materials.

Stop or switch activities if the child becomes tired or frustrated.

THIS IS NOT A TEST

This printable is for general educational practice and observation.

It is not a developmental screening, diagnostic tool, therapy, medical advice, or kindergarten admission or placement assessment.

Children develop at different rates, and school expectations may vary.

Use the activities to notice strengths, choose a skill to practice, and keep learning playful.

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My Readiness Snapshot

Ask a grown-up to help.

Notice what feels familiar and choose a few things to practice.

There is no score - this page is just for noticing and growing.

LANGUAGE & EARLY LITERACY

	Noticed	Practice
Shares wants, needs, or ideas	☐	☐
Enjoys listening to a short story	☐	☐
Recognizes own name or familiar letters	☐	☐
Notices sounds in words	☐	☐

EARLY MATH & THINKING

	Noticed	Practice
Counts a small group of objects	☐	☐
Recognizes some numerals	☐	☐
Notices common shapes	☐	☐
Sorts objects by an obvious feature	☐	☐

FINE MOTOR & PRE-WRITING

	Noticed	Practice
Uses crayons or pencils with growing control	☐	☐
Draws lines or simple shapes	☐	☐
Handles learning materials with growing control	☐	☐

SOCIAL & EMOTIONAL

	Noticed	Practice
Expresses basic feelings or needs	☐	☐
Takes turns with support	☐	☐
Joins familiar routines	☐	☐

INDEPENDENCE

	Noticed	Practice
Puts belongings away	☐	☐
Washes and dries hands	☐	☐
Tries simple dressing or mealtime tasks	☐	☐

LEARNING HABITS

	Noticed	Practice
Tries a new activity	☐	☐
Stays with a short task	☐	☐
Asks for help when needed	☐	☐
Shows curiosity	☐	☐

Pick one or two things to practice next.

1. _____
2. _____

My Name & Me

Say your name.

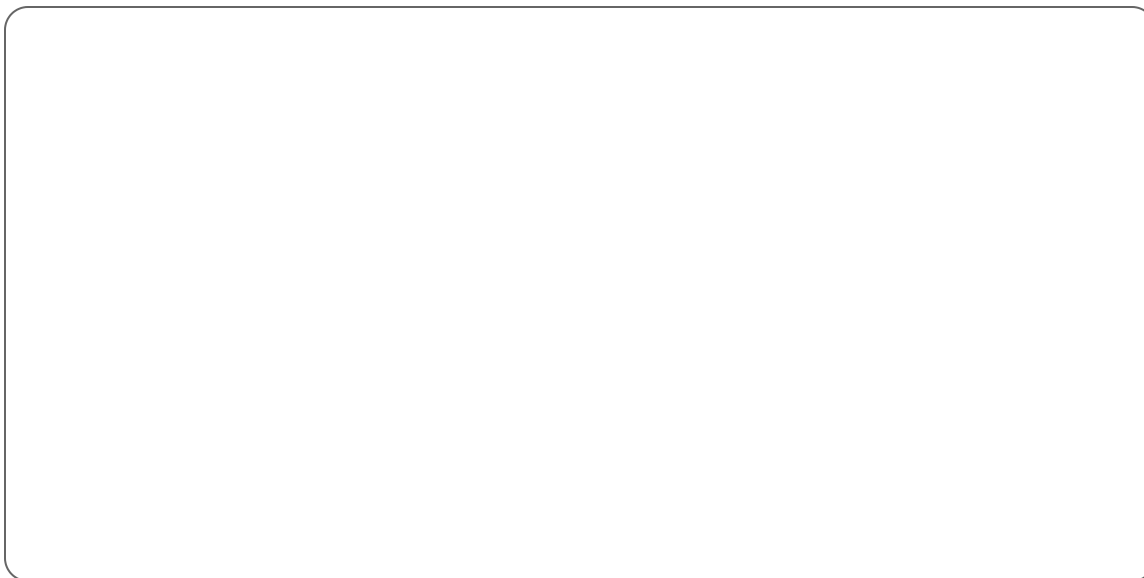
Trace it if a grown-up writes it for you, then try writing it yourself.

My name is:

TRACE MY NAME

WRITE MY NAME

Draw yourself!

☐

I noticed this

☐

Let's practice

I can tell a grown-up my name.

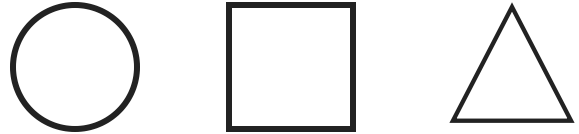
Listen & Do

Ask a grown-up to read each direction.
Listen, then show what you heard.

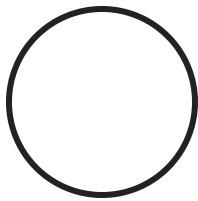
1. Circle the star.



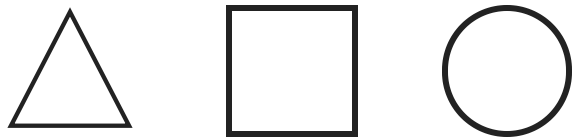
2. Put an X on the square.



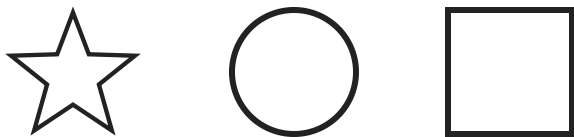
3. Draw one dot inside the circle.



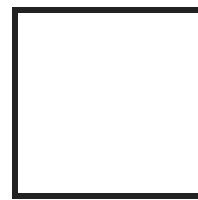
4. Circle the triangle, then draw a line under the square.



5. Put an X on the star, then circle the circle.



6. Draw one dot in the rectangle, then draw a line beside it.



Letter Look & Match

Look at each letter.

Match or circle the letters that belong together.

PART 1 MATCH BIG AND SMALL

A**M****S****T****B****P****s****a****p****m****b****t**

PART 2 FIND THE SAME LETTER

Find A:

A**M****T**

Find m:

n**m****s**

Find S:

B**S****P**

Find t:

l**b****t**

PART 3 LETTER FROM MY NAME

Can you find or write one letter from your name?

Beginning Sound Match

Say each picture name.

Draw a line to the picture that begins with the same sound.

A grown-up can say the picture names if needed.



Say one more word that starts like one of the pictures.

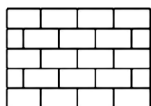
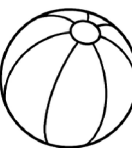
Draw it here:

Rhyme Time

Say the picture names.

Circle the picture that rhymes.

A grown-up can say the words aloud.



Can you say another rhyming word?

Numbers I Notice

Find, trace, and notice the numbers.

PART 1 FIND IT

Find 3:

8**3****5**

Find 7:

2**9****7**

Find 1:

4**1****6**

Find 10:

10**5****8**

PART 2 TRACE 1-10

1**2****3****4****5****6****7****8****9****10**

OPTIONAL CHALLENGE

Want to try more? Circle a number you know.

11**12****13****14****15****16****17****18****19****20**

Count & Match

Touch each picture as you count.

Draw a line to the matching number.



● (5) (3) (8)



● (7) (4) (5)



● (6) (9) (7)



● (4) (2) (6)



● (10) (8) (6)



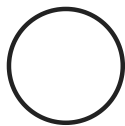
● (3) (6) (9)

Shapes Around Me

Name each shape.

Trace it, then try drawing one yourself.

CIRCLE



SQUARE



TRIANGLE



RECTANGLE



OVAL



Shape Hunt

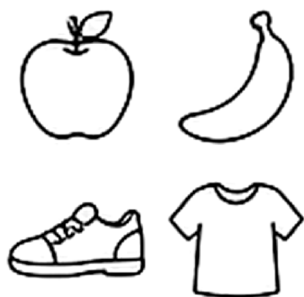
Can you find one shape around you? Draw it:

Sort & Compare

Look carefully.

Sort, compare, and talk about what you notice.

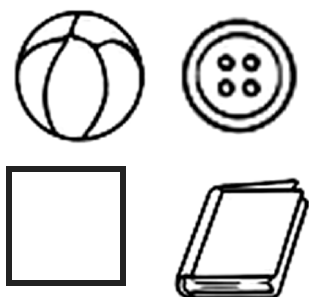
PART A SORT BY TYPE



FOOD

CLOTHES

PART B SORT BY SHAPE

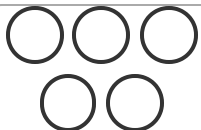


ROUND

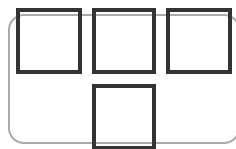
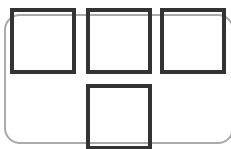
NOT ROUND

PART C COMPARE

Which group has more? Circle it.



Do these groups have the same number?
Circle both.

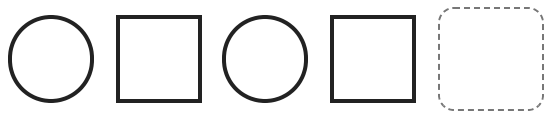


Pattern Detective

Look at each pattern.

Draw or circle what comes next.

AB



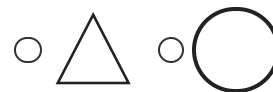
AAB



ABB



ABC



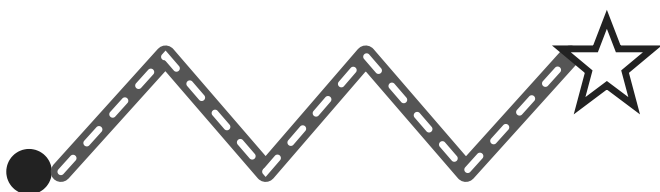
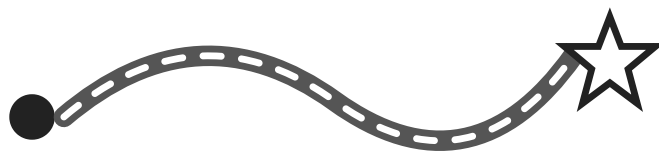
Make Your Own Pattern

--	--	--	--	--	--

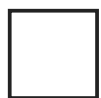
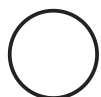
Pencil Paths & Copy Shapes

Start at the dot.

Follow each path slowly.



COPY THE SHAPES



School-Day Skills

Talk about each picture.
Circle a helpful choice.

1. NEED HELP



☐ Ask a grown-up



☐ Keep struggling without asking

2. BELONGINGS



☐ Put backpack away



☐ Leave it on the floor

3. TAKING TURNS



☐ Wait and take turns



☐ Grab

4. CLEANING UP



☐ Put materials away



☐ Leave a mess

5. LUNCH OR SNACK



☐ Try, then ask for help



☐ Throw it

6. FEELINGS



☐ Tell a grown-up



☐ Hurt someone

My Next Practice Plan

Notice what you tried. Choose what comes next.

I'M PROUD OF...

I'm proud that I tried:

LET'S PRACTICE...

- | | |
|--|---|
| ☐ Letters & sounds | ☐ Numbers & counting |
| ☐ Shapes & patterns | ☐ Pencil control |
| ☐ Listening & directions | ☐ Independence |
| ☐ Feelings & taking turns | |

MY FAVORITE ACTIVITY

My favorite page was:

Why?

Keep Growing!

Small steps and playful practice add up.

Date:

Name:

